



Wild Recovery Hike & Meeting - January 13, 2018

Temescal Peak | Host: Nick E (818) 383-6379

Meet at Marvin Braude Mulholland Gateway Park, located at 3600 Reseda Blvd, Tarzana, CA 91356 around 8:45 AM

Temescal Peak offers 360° views of the Santa Monica Mountains and is the highest point in the eastern part of the range. This is a moderate hike with an option to extend via a loop to the scenic Eagle Rock and beyond.

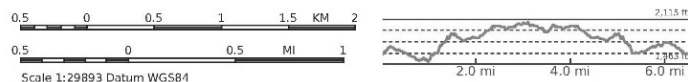
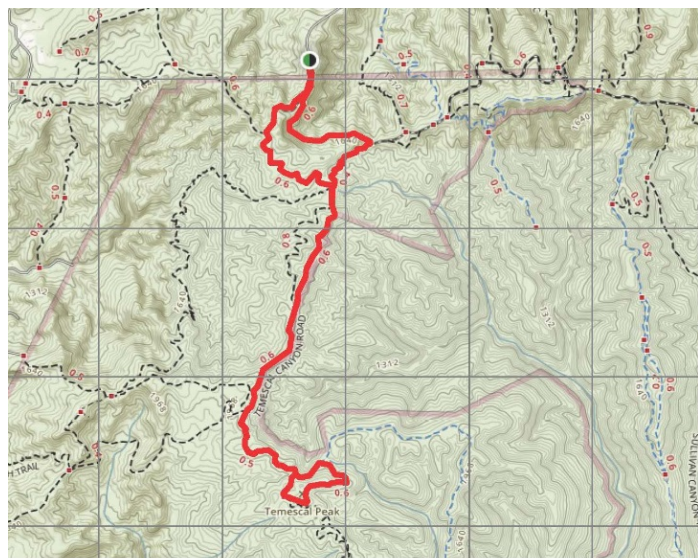
Distance: 6.5 miles | Elevation change: 1093 feet

Time: (including 1-hour meeting): 5 hours, +/-

Directions: Exit 23 on the 101 Freeway for Reseda Boulevard. Head south to the very end of Reseda.

Trailhead address: 3600 Reseda Boulevard, Tarzana, CA 91356. Meet by the benches and restrooms at the end of the paved road.

Park: Street parking on Reseda immediately before the parking fee area or bring \$5 cash.



Wild Recovery SoCal is a group of recovering addicts who meet on the second Saturday of each month to share the message of recovery. Instead of meeting in the same room once a week, we meet monthly in beautiful settings in and around Los Angeles.

Hike Information:

- Gather in the park at 8:45 AM. We hit the trail at 9:00 AM sharp.
- Toilets are available at the beginning and at the midpoint of this hike.
- Dogs are **NOT** welcome on this hike due to the rules of the Topanga State Park.
- This is a non-smoking trail, hike, and meeting.

Come prepared with...

- *At least* 2 liters of water
- Sunscreen – even if it's not hot
- Snacks for the trail & the rest stop
- Proper clothing and footwear: hiking boots or trail-running shoes are recommended; sneakers with some grip will do.
- **We strongly recommend** bringing layers that you can remove when you heat up from hiking and can put back on when we stop for the meeting; **it can be chilly on the peak** where the meeting will be!!!



Consider:

- Bringing a friend or carpooling with someone
- Bringing a light weight item to sit on during the meeting
- Downloading AllTrails or another GPS app to your smartphone.

For more about Wild Recovery SoCal, contact Pam at (818) 997-3822, ext 825

- Ask about joining our FB group!
- Save the date and stay tuned for details of our next hike: February 10, 2018!
- Check out our website: wildrecoverysocal.org